



Alternative Education Gateway and Enterprise



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Issue #47

PRINCIPAL'S MESSAGE

Rees Warne

Gateway High School welcomes all new and returning students and their families to our Open House and SART (School Assessment Review Team) meeting on February 15th beginning at 5:30pm in the Gateway Multi-Purpose Room. The evening will start with a potluck, so if you'd like, bring your favorite dish to share. There will be a brief SART meeting right after dinner.

The purpose of the evening is two-fold. First the SART meeting will include information about Gateway's school programs and funding. Then, our Transition Director, Greg Connor, will discuss how we are addressing the needs of Foster Youth, English Learners, and socioeconomically disadvantaged students. A brief discussion will be held regarding the Local Control Accountability Plan (LCAP).

Secondly, the Open House portion of the evening will allow parents to reconnect with their child's teachers or to meet their teachers if they're newly enrolled. This evening is a wonderful opportunity for parents to understand teacher expectations and how to best communicate about your child's progress.

We look forward to seeing everyone on Thursday, February 15, 2018. We're confident that you'll be happy you attended our Open House.

COUNSELOR'S CORNER

Kim Sanders, Beth Lederach, and Mercedes Olmos

Graduating seniors, please plan on attending the Graduation Meeting on Friday, January 26, in the library during 4th period. Information on: White Card Day, Scholarships, the rental of your cap & gown, senior breakfast, and the graduation ceremony will be discussed. Any senior unable to attend this meeting should come to the make-up meeting on February 2, during 6th period in the library or talk to his/her counselor. Graduating seniors and their parents or guardians can sign up to receive text messages to obtain information about senior happenings. Text 81010 with the message @ghsghs, call Mrs. Sanders if you have questions.

A reminder to all seniors planning on attending a Jr. College or vocational school next year, you must complete a FAFSA, Free Application for Federal Student Aid, to qualify for financial aid. This form will be used to also qualify you for State Aid, Campus Based Aid and Student Loans. Most students will need to use their parent's 2016 income tax form. You can get help from the Counseling Office or the Financial Aid Office of any school offering financial aid. You **do not** have to pay for this service.

TRANSITION PROGRAM – "THE LATEST"

Greg Connor

Transition Coordinator

Gateway Clothes Closet Winter Reminder

As the weather continues to get colder we are finding more and more students in need of warmer clothing. If you happen to have any old coats, sweatshirts or sweaters, please donate them to the Gateway clothes closet located in the back of the school library. If you have any questions, please contact the Access Team office at 327-1862. We always appreciate your support to help our students in need.

Group Home Senate:

At our last group home senate meeting Aspirenet Foster Youth Services presented valuable information to our students in regards to their plans once they leave high school. Most of the information centered on the THP (Transitional Housing Program) resources. This program offers students an opportunity to live in an apartment with roommates while working with a life coach to cover basic independent living skills such as shopping, budgeting and working towards being more self-reliant.

Toys for Tots:

Many of our students volunteered to serve a holiday meal to the members of the Odd Fellow's lodge as well as some of our Gateway staff. It was a great night to come together for a good cause. Everyone enjoyed each other's company while ending the evening singing a variety of holiday songs.

Leadership Conferences:

Coming in February is the annual Asian and African American leadership conferences. If you have students that are interested in attending, please make sure you encourage them to complete the necessary forms and listen to the announcements for more information.

YOUTH PARENTING NEWS

Lanette Delk

Save the Date!!!**Central Valley Teen Parent Conference****Wednesday, February 21, 2018****Double Tree - Downtown Fresno**

The Youth Parent Program invites all teen parents who are currently in good academic standing to attend the 32nd Annual Teen Parent Conference. The conference offers a wide variety of break-out sessions that will provide information on child development, home safety, and health care for babies & parents. There will also be sessions specifically designed for young fathers as they struggle to be involved fathers, providers, and also students. Students will walk through Health and Career Fair exhibits that showcase their services and resources for teen parents and their young children. Lunch will be provided to the students at no cost.

In order to make it as easy as possible to attend, all registration fees are being paid for by the Youth Parent Program, and bus transportation will be provided. The nursery will be open to care for babies that are currently enrolled in our childcare program while their parents attend the conference. **Counselor approval and parent/guardian permission slip is required to attend.**

The Teen Parent Conference has been a very popular event with our young moms and dads. While at the conference, students must remain in the conference building at all times; teachers and chaperones will monitor attendance. We expect students to adhere to the CUSD dress code and conduct policy. Failure to do so will incur the same discipline process as the high school campus. While at the conference, students will be representing Clovis Unified School District so they are expected to be on their very best behavior!

For more information or questions, please contact Mrs. Delk at (559)327-1888.

Youth Parent Field Trips

The Youth Parent Program traveled to Save Mart Supermarket on November 9 to learn about making healthy food choices. The teen parents learned how to read food labels and were amazed to learn that many of the juices they were feeding their babies were only 5% juice and mostly sugar. The nutritionist from Fresno State taught the students how to pick a juice that is not only low in sugar, but 100% juice. Students also toured the produce department and learned how to make healthy snacks. One favorite idea was making a pineapple and kale salad with a yogurt based salad dressing. The students were shocked when they sampled the salad and discovered that they liked it. The field trip was a complete success and was very educational as well.

The Teen Parent Speaker's Bureau traveled to Buchanan High School to present the challenges and hardships of teen parenting. This group of teen parents participated in a detailed training in order to learn how to speak in public and present the valuable message that teen pregnancy can be avoided. The main purpose of these presentations is to openly discuss the challenges that teen parents are presented with and to encourage the student audience to abstain from sexual activity and to seek counsel from a trained professional if they have any questions. The Gateway students gave a heartfelt presentation and spoke honestly and openly. It was a great day for all who participated!

NURSES CORNER

Maggie Pendleton

URGENT CARE OR EMERGENCY?

IT'S SUNDAY and your 8 year-old has a fever and his ear hurts. Urgent or emergency?

Your husband is complaining of chest pain. Urgent or Emergency?

Urgent care is similar to your doctor's office, where you go for bumps, bruises or viral illnesses. It is the right choice for common conditions and injuries that need to be treated right away but are not an emergency, like sore throats, flu symptoms, and cuts that may need stitches.

Urgent care centers are generally open after normal business hours, and on weekends and evenings. A physician is usually on site but care may be given by other health care providers (R.N., P.A.). Services differ (lab work, x-rays, etc.) so it's a good idea to call ahead to see if your concerns can be managed there. Patients at urgent care clinics are treated on a first-come, first-served basis so you will get treated quicker than at an ER. Urgent care centers usually charge less too. Review your insurance plans or sign up if you do not have it.

If possible, call your doctor's office first before choosing between urgent care and an ER. Frequently, a physician or advice nurse is on call who can recommend the best provider for your needs. Call 911 if you need immediate assistance.

Hospital ERs are prepared for every kind of adult and childhood medical emergency, including heart attacks, strokes, head injuries and other life-threatening conditions. Go to the ER if your husband complains of chest pains.

Emergency rooms at hospitals are open 24 hours a day, 365 days a year. For serious illnesses or injuries, when minutes count, this is the place to go. Emergency rooms have highly qualified staff, advanced medical equipment and access to specialists. A number of medical conditions are considered emergencies because they can require rapid or advanced treatments that are available only in hospital settings.

URGENT CARE:

Fever without rash
Ear pain
Painful urination
Persistent diarrhea
Sore throat
Vomiting
Minor trauma

EMERGENCY ROOM:

Persistent chest pain
Difficulty breathing
Any severe pain, especially abdominal
Loss of balance, fainting
Sudden difficulty speaking
Altered mental status, including suicidal thoughts
Sudden weakness or paralysis
Sudden, severe headache
Falls that cause injury
Sudden vision changes
Head or eye injuries
Broken bones or dislocated joints
Vaginal bleeding with pregnancy
Seizures without a previous diagnosis
Serious burns
Serious cuts that bleed heavily

It's important to know the difference between urgent care and hospital emergency care. Making the right choice can save you time, money and most important, your life or that of a loved one.

Call Nurse Maggie at 327-1877 for questions.

HEALTHY START

Denise Sandifer

CSI Support Groups – These voluntary educational support groups are a part of our district wide CSI-Clovis Support and Intervention. The goals of these groups are to increase student's confidence, decision-making skills, listening and communication skills, and problem solving strategies. By building these personal skills and providing support, students will be better equipped to effectively cope with peer pressures, school related stress, and other issues of concern. These confidential groups meet weekly and are scheduled during one class period for eight sessions. Groups are considered a school activity, so participating students will not be counted as absent. However, students are expected to be responsible and make-up any missed class assignments through arrangements with their teacher. Contact the Community Resource Center at (559) 327-1885.

Drug Treatment - Westcare and Alcohol Program are available to our students at no cost to parents. Students have to be assessed and screened prior to group attendance. Some of our students are required to attend a Drug Treatment Program that also will drug test students.

Counseling Services are available to a limited basis on our campus through **Children and Family Services**. Only students with Medi-Cal can be referred. Services are provided during the school day on campus.

MFT Interns from Fresno State are also available to offer one-on-one social emotional counseling services for free to our students whose families request these type of services. Students will meet during school time with interns on campus.

Contact Denise Sandifer in the Healthy Start facility at 327-1885 if you are interested in these services.

Work Permits

Students who need a work permit, must request them from their counselor. Return the completed work permit form to the office. You must have a job before applying for a work permit.

Need a Job?

Clovis YES (Youth Employment Services) comes out once a month to meet with Gateway/CCDS students to talk about helping them find jobs.

Internet sites: www.caljobs.ca.gov, www.snagajob.com, www.fresnobee.com, and www.sierravistamall.com/MallEmploymentOpportunities



Calendar of Events

January 9	School Resumes
January 11	PASA Meeting @ Lunch – Rm. 34
January 15	Martin Luther King Holiday – No School
January 18	Healthy Start Collab Luncheon – 11:18am – PDB
November 18	Thursday School – 1:30-5:30pm – Rm. 35
January 18-20	CHS Drama Production – “Bye Bye Birdie” – 7:30pm – MET
January 23/24	ASVAB Testing – 8:00am
January 25	FCA @ Lunch – Rm. 37
January 25-27	CHS Drama Production – “Bye Bye Birdie” – 7:30pm – MET
January 25-27	CEHS Drama Production – “Anne of Green Gables” – 7:30pm – Pessano Theater
January 26	Senior Graduation Meeting – 4 th period - LMC
January 31	Principal Expectation Meeting During PE – LMC
February 1-3	CEHS Drama Production – “Anne of Green Gables” – 7:30pm – Pessano Theater
February 2	Arm Wrestling Tournament – 10:00am
February 2	Senior Graduation Make-Up Meeting – 6 th Period – LMC
February 6/7	ASVAB Interpretation – 10:00am
February 7	General Grant/Big Trees Field Trip – 8:30am-2:00pm
February 8	FCOE African American Leadership Conference – Selland Arena
February 12	Lincoln’s Birthday Holiday – No School
February 15	Community College Placement Testing – 8:00-10:00am – LMC
February 15	PASA @ Lunch – Rm. 34
February 15	Open House – 5:30-7:00pm
February 19	Washington’s Birthday Holiday – No School
February 20	African American Leadership Conference @ Clovis North
February 22	Asian Student Success Conference @ CEHS
February 23	Grading Period Ends

It is advised that students bring a binder/notebook, paper, and pencils to school every day. Be prepared to take notes and write all assignments listed on the board.

Students, this is a closed campus!! No one will be allowed to leave campus for any reason, unless a parent or guardian signs you out through the front office. This rule includes students who ride the bus, both before and after school. Students who leave campus will not be allowed to ride the bus home.

This newsletter is available online at:
<http://gateway.cusd.com/news/>